

Dubuque Community Y Building Schedule

(September 8, 2009 – November 1, 2009)

Winter Building Hours

Monday thru Friday 5:00 am – 9:45 pm
Saturday 6:00 am – 6:00 pm
Sunday 11:00 am – 5:00 pm

The Y facilities are subject to closure due to bad weather conditions or special events.

Notice

The Dubuque Community Y will be CLOSED:

November 26 Thanksgiving Closed
December 24 Christmas Eve Close at Noon
December 25 Christmas Closed
December 31 New Year's Eve Close at 5:00 pm
January 1 New Years Closed
April 4 Easter Closed
May 30-31 Memorial Weekend Closed

LARGE POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:30 am ADULT	5:00-8:30 am ADULT	5:00-8:30 am ADULT	5:00-8:30 am ADULT	5:00-8:30 am ADULT	6:00-8:00 am ADULT	Open at 11:00 am
8:30-11:15 am Lessons Adult Lanes	8:30-10:15 am Lessons Adult Lanes	8:30-11:15 am Lessons Adult Lanes	8:30-10:15 am Lessons Adult Lanes	8:30-11:15 am Lessons Adult Lanes	8:00-11:30 am Lessons Adult Lanes	
11:15-1:30 pm ADULT	10:15-11:15 am OPEN Adult Lanes	11:15-1:30 pm ADULT	10:15-11:15 am OPEN Adult Lanes	11:15-1:30 pm ADULT	11:30-1:00 pm ADULT	11:00-1:00 pm ADULT
1:30-4:15 pm OPEN Adult Lanes	11:15-1:30 pm ADULT	1:30-4:15 pm OPEN Adult Lanes	11:15-1:30 pm ADULT	1:30-9:45 pm OPEN Adult Lanes	1:00-6:00 pm OPEN Adult Lanes	1:00-5:00 pm OPEN Adult Lanes
4:15-7:15 pm Lessons Adult Lanes	1:30-4:15 pm OPEN Adult Lanes	4:15-7:15 pm Lessons Adult Lanes	1:30-4:15 pm OPEN Adult Lanes			
7:15-9:45 pm OPEN Adult Lanes	4:15-7:15 pm Lessons Adult Lanes	7:15-9:45 pm OPEN Adult Lanes	4:15-7:15 pm Lessons Adult Lanes			
	7:15-9:45 pm OPEN Adult Lanes		7:15-9:45 pm OPEN Adult Lanes			

* Swim Team season will start in November. A new pool schedule will be set through March. During Swim Team there are no adult lanes available.

SMALL POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:00 am ADULT	5:00-9:00 am ADULT	5:00-8:00 am ADULT	5:00-9:00 am ADULT	5:00-8:00 am ADULT	6:00-9:15 am ADULT	Open at 11:00 am
8:00-Noon Lessons	9:00-Noon Lessons	8:00-Noon Lessons	9:00-Noon Lessons	8:00-Noon Lessons	9:15-11:30 am Lessons	
Noon-1:30 pm ADULT	Noon-1:30 pm ADULT	Noon-1:30 pm ADULT	Noon-1:30 pm ADULT	Noon-1:30 pm ADULT	11:30-6:00 pm OPEN	11:00-1:00 pm Adult
1:30-2:15 pm Lessons	1:30-2:15 pm Lessons	1:30-2:15 pm Lessons	1:30-2:15 pm Lessons	1:30-2:15 pm Lessons		1:00-5:00 pm OPEN
2:15-4:15pm OPEN	2:15-4:15 pm OPEN	2:15-4:15 pm OPEN	2:15-4:15 pm OPEN	2:15-9:45 pm OPEN		
4:15-6:30 pm Lessons	4:15-6:30 pm Lessons	4:15-6:30 pm Lessons	4:15-6:30 pm Lessons			
6:30-9:45 pm OPEN	6:30-9:45 pm OPEN	6:30-9:45 pm OPEN	6:30-9:45 pm OPEN			

Open = All Y Members

*A parent or adult member must accompany all youth members under age 8 during open times.

Family = One adult family member must accompany all youth under age 12 at this time.

Adult Lanes = A minimum of 3 lanes.

Lessons = All DCY Programs IE: Water Aerobics, Swim Lessons, Childcare, etc.

GYM – EAST SIDE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:00 am ADULT	5:00-8:00 am ADULT	5:00-8:00 am ADULT	5:00-8:00 am ADULT	5:00-8:00 am ADULT	6:00-8:30 am ADULT	Open at 11:00 am
8:00-10:00 am OPEN	8:00-11:30 am OPEN	8:00-10:00 am OPEN	8:00-11:30 am OPEN	8:00-10:00 am OPEN	8:30-11:45 am DCY Program	
10:00-11:30 am DCY Program		10:00-11:30 am DCY Program		10:00-11:30 am DCY Program	11:45-2:30 pm High School Adult Basketball	11:00-3:00 pm Elementary Jr. High
11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	2:30-6:00 pm OPEN	3:00-5:00 pm Elem./Jr. High Family
1:30-4:00 pm OPEN	1:30-4:00 pm OPEN	1:30-4:00 pm OPEN	1:30-4:00 pm OPEN	1:30-4:00 pm OPEN		
4:00-9:00 pm DCY Program	4:00-5:30 pm DCY Program	4:00-5:30 pm DCY Programs	4:00-5:30 pm DCY Program	4:00-7:30 pm DCY Program		
	5:30-7:30 pm Adult Basketball	5:30-9:45 pm OPEN	5:30-7:30 pm Adult Basketball	7:30-9:45 pm OPEN		
9:00-9:45 pm OPEN	7:30-9:45 pm High School Adult Basketball		7:30-9:45 pm High School Adult Basketball			

GYM – WEST SIDE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:00 am ADULT	5:00-8:00 am ADULT	5:00-8:00 am ADULT	5:00-8:00 am ADULT	5:00-8:00 am ADULT	6:00-8:30 am ADULT	Open at 11:00 am
8:00-10:00 am OPEN	8:00-11:30 am OPEN	8:00-10:00 am OPEN	8:00-11:30 am OPEN	8:00-10:00 am OPEN	8:30-11:45 am DCY Program	
10:00-11:30 am DCY Program		10:00-11:30 am DCY Program		10:00-11:30 am DCY Program	11:45-2:30 pm High School/Adult Basketball	11:00-3:00 pm Adult High School
11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	11:30-1:30 pm Adult Basketball	2:30-5:00 pm OPEN	3:00-5:00 pm Elem./Jr. High Family
1:30-4:00 pm OPEN	1:30-4:00 pm OPEN	1:30-4:00 pm OPEN	1:30-4:00 pm OPEN	1:30-4:00 pm OPEN	5:00-6:00 pm Family	
4:00-9:00 pm DCY Program	4:00-5:30 pm DCY Program	4:00-5:30 pm DCY Program	4:00-5:30 pm DCY Program	4:00-7:30 DCY Program		
	5:30-7:00 pm Adult Basketball	5:30-9:45 pm OPEN	5:30-7:30 pm Adult Basketball			
9:00-9:45 pm OPEN	7:30-9:45 pm High School/Adult Basketball		7:30-9:45 pm High School/Adult Basketball	7:30-9:45 pm OPEN		

Open = All Y Members

*A parent or adult member must accompany all youth members under age 8 during open times.

WELLNESS CENTER* and WEIGHT ROOM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-7:00 am High School/ Adult	5:00-7:00 am High School/ Adult	5:00-7:00 am High School/ Adult	5:00-7:00 am High School/ Adult	5:00-7:00 am High School/ Adult	6:00-Noon ADULT	Open at 11:00 am
7:00-2:30 pm ADULT	7:00-2:30 pm ADULT	7:00-2:30 pm ADULT	7:00-2:30 pm ADULT	7:00-2:30 pm ADULT	Noon-6:00 pm OPEN	
2:30-4:30 pm OPEN	2:30-4:30 pm OPEN	2:30-4:30 pm OPEN	2:30-4:30 pm OPEN	2:30-4:30 pm OPEN		11:00-2:00 pm ADULT
4:30-7:00 pm Adult	4:30-7:00 pm Adult	4:30-7:00 pm Adult	4:30-7:00 pm Adult	4:30-7:00 pm Adult		2:00-5:00 pm OPEN
7:00-9:45 pm OPEN	7:00-9:45 pm OPEN	7:00-9:45 pm OPEN	7:00-9:45 pm OPEN	7:00-9:45 pm OPEN		

Open = Adult/High School/Middle School/Ages 8-11 *

*A parent or adult member must accompany all youth members age 8-11 during open times.

*Children under the age of 8 are not allowed in the Wellness Center

*An orientation is recommended for all members using the Wellness Center.

RACQUETBALL COURTS

Racquetball courts are available for use.

Courts may be reserved 3 days in advance.

TEEN CENTER

Monday & Wednesday

Tuesday, Thursday, & Friday

Early Release Days

Non-School Days

2:30-8:00 pm

2:30-6:00 pm

1:00-6:00 pm

1:00-6:00 pm