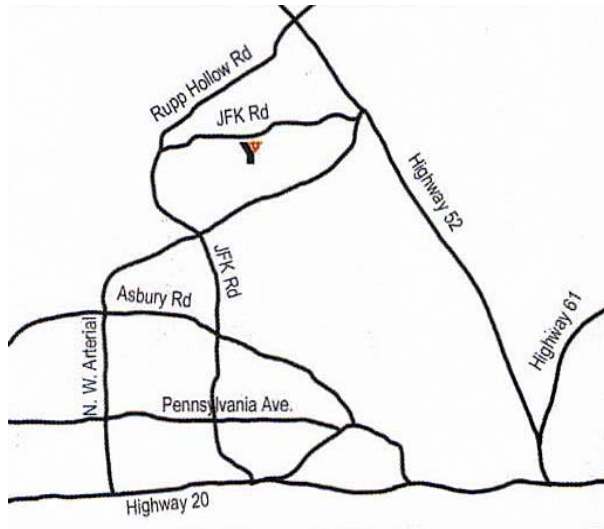


YMCA Union Park Camp

11764 JFK Rd
Dubuque, IA 52001

Phone: 563.583.5111
(June, July & August only)

Union Park Camp is situated on 96 beautiful acres off John F Kennedy Road, two miles from the JFK and Northwest Arterial intersection and one mile from the JFK and Hwy 52 intersection.



What to Bring to Camp

- Swimsuit & Towel
- Sack lunch, including a beverage
- Sunscreen/Bug Spray
- Closed-toe tennis shoes (no sandals)
- Water Bottle
- Extra set of clothes
- Camp store money (optional)

Please Leave at Home

- CD/Player
- Cell Phones
- iPods/MP3 player
- Cell phones
- Trading cards
- Gameboys
- Toys

Parents We will be keeping your kids busy with a variety of outdoor activities. Please remember to send them in clothes and shoes that can get dirty and/or wet. (If we have a rainy week, they will come home muddy.) Sending an extra set of clothes is always a good idea. Camping goes on rain or shine!

Dubuque Community Y Day Camp

Good fun, in good hands.

When kids experience Y Day Camp, they experience something new every day. Like the power of a positive mentor, the confidence that comes from trying... and succeeding, and the importance of healthy, long-lasting friendships. Of course, they don't know this. They just think they're having a whole lot of fun.

YDAY CAMP™

We build strong kids, strong families, strong communities.

YDAY CAMP™

Dubuque Community Y, 35 North Booth Street, Dubuque, Iowa 52001

563-556-3371 www.DubuqueY.org

Our Goals and Philosophies

YMCA Union Park Day Camp strives to provide a high quality day camping experience for each camper who participates. We believe that each camper is a valuable, creative person, which drives our goal to provide each camper with the opportunity to reach their fullest potential in an atmosphere of friendship, mutual respect, and caring. This goal will be attained through emphasis of the YMCA's 4 core values of Caring, Honesty, Respect, and Responsibility. As campers participate in activities, they will develop self-confidence, independence, and respect for other's unique differences. A YMCA camp experience will provide campers with memories that will last a lifetime.

Health and Safety

Safety always comes first with our commitment to a healthy camp experience. YMCA Day Camp staff members participate in an extensive orientation prior to our camp season to assure the health and safety of our campers. A tradition of safe camping is enhanced through staff training, all staff are certified in Community CPR and First Aid. In addition, staff are trained in risk prevention in activities such as the pool, ropes course, caving, archery, black hole, and horses.

Progressive Camping

The individual abilities and needs of campers are very important to the staff at YMCA Union Park Day Camp. Our goal is to develop programs that are suitable to those individual needs. With this in mind, each age group is given different activities appropriate to their age and development.

Leadership and Staff

At the YMCA, we know that leadership is the key ingredient in any camping experience. That's why we have put together only the best and most qualified staff team this summer! Our staff have been selected on the basis of good character, interest, dedication, and experience working with youth and adolescents. Camp staff have been through an in-depth pre-camp training to develop their skills in working with children, programming, leading activities, and in developing good parent and child communication skills.

Mission Statement

The Dubuque Community Y, utilizing Christian principles, creates opportunities for growth, leadership, and empowerment for women, men, and youth by building healthy mind, spirit, and body with emphasis on respect, responsibility, caring, honesty, and the elimination of racism and prejudices.

Camp Information & Registration

Deposits

Enclose a **\$65 non-refundable deposit** when registering, which will be applied to your camp fee. You will be responsible for paying the remainder of the balance at least one-week prior to the beginning of your camp session. If you do not pay your balance in full at that time, or contact the Camp Director regarding your camper's non-attendance at camp, you will forfeit your deposit.

Credits/Transfers/Refunds

Credits will be granted on a case-by-case basis. Illness related absences require a doctor's note to be considered for a credit. Contact the Camp Director for more information. **Refunds** are given if the Dubuque Community Y cancels the program.

Financial Assistance

Financial assistance is available through generous donations from local community groups and individuals. Applications are available at the front desk of the Y facility. Applications must be completed and returned with a copy of your last year's tax return or other verification of income to the Membership Director. Remember to apply early.

Memberships

Consider a Y youth membership so your child can enjoy a whole year of activities at the member rate. Dubuque Community Y youth memberships are available for one-year, 6 months, or for a 4 month period for campers of all ages. Camper memberships must be valid thru the end of their session in order to receive the membership rate for summer camp.

Membership Rates

Preschool-Grade 8	1-Year - \$105	6 Months - \$60	4 Months - \$40
High School	1-Year - \$190	6 Months - \$100	4 Months - \$75

Swim Lessons at Y Camp

Swim Lessons & Y Camp

Lessons will be held at the YMCA Union Park Day Camp weekly. Classes will run Monday - Friday from 4:15 - 5:15 PM. Registration will begin for all sessions on March 15, 2010. There will be six weekly sessions available. The cost for one week is \$38/members and \$76/program participants. Please pick up a registration form at the Dubuque Community Y member service desk or register online at www.DubuqueY.org.

Camp Information & Registration

Camp Hours of Operation

TDC & PKC - 8:30 am - 4:30 pm daily.

Extended Care Hours at Camp

7:30 am - 8:30 am, 4:30 pm - 6:00 pm Daily for TDC and PKC. *Fee: \$25/week/child*

Extended Care and Transportation at Dubuque Y - The Dubuque Community Y Childcare Program will be offering extended care before and after camp at the Y facility at 35 N. Booth Street. This program is from 6:00 - 7:30 am and 4:30-6:00 pm. Campers must be registered in advance so that accommodations can be arranged. *Fee: \$35/week/child*

Daily Camp Schedule (tentative)

8:30 am - 9:00 am	Check In/Group Names
9:15 am - 9:30 am	Flag Ceremony/Core Values
9:45 am - 10:45 am	Group Activity
10:45 am - 11:45 am	Group Activity
11:45 am - 12:15 pm	Songs as a Group
12:15 pm - 1:00 pm	Lunch/Small Group Games
1:00 pm - 2:00 pm	Group Activity
2:00 pm - 3:00 pm	Group Activity
3:00 pm - 3:30 pm	Camp Store/Free Time
3:30 pm - 4:30 pm	Group Activity
4:30 pm	Pick-Up

Transportation

Transportation from the Y facility to Day Camp will be provided at a minimal fee of \$10 for each week of camp attended. Participants must register for this service in advance. The bus leaves the Y for Day Camp at 8:30 am and returns to the Y at 4:30 pm daily for TDC and PKC.

Parents Day at Camp

There will be a Parents Day each Friday of TDC, and the last day of PKC. During this time, the kids are able to show their parents what they've been up to at camp. So take a break from work and come join us for a show!

How to Register

In person registrations will be honored first and mail in registrations will be registered in order of arrival. You may use the form on the following page to register for our camp sessions, drop off or send in registration forms and full payment or deposit to:

Dubuque Community Y
Camp Registration
35 North Booth St.
Dubuque, IA 52001

Preschool/Kindergarten

Ages 4 - 6

This is the perfect environment for your preschooler or your kindergartner looking for their first camping experience. There will be rest time each day for these young campers. All campers must be potty trained prior to attendance. Swimmers will be provided with a swim belt or PFD (personal flotation device).

Preschool/Kindergarten Camp (PKC)

Camp hours are 8:30 am - 4:30 pm Monday through Wednesday.

Sessions Available:

Session 1: _____ June 28 - 30

Session 2: _____ July 7 - 9

Registration **\$90**

10% Discount for Y Members

Group Activities May Include:

- ◆ Arts & Crafts
- ◆ Games
- ◆ Hiking
- ◆ Songs

Traditional Day Camp

Ages 6 - 12

Each Camp Session is designed specifically for each age group to ensure an unforgettable experience. Campers are assigned to groups based on age to ensure age and skill level appropriate activities.

Ages Groups Available Each Week:

Challengers (Ages 6-7)

Adventurers (Ages 8-10)

Explorers (Ages 11-12)

Traditional Day Camp (TDC)

Camp hours are 8:30 am - 4:30 pm Monday through Friday.

See extended care option on information page.

Sessions Available:

Session 1: _____ June 14 - 18

Session 2: _____ June 21 - 25

Session 3: _____ July 12 - 16

Session 4: _____ July 19 - 23

Session 5: _____ July 26 - 30

Session 6: _____ August 2 - 6

Session 7: _____ August 9 - 13

Registration **\$150**

10% Discount for Y Members

Group Activities May Include:

- ◆ Archery
- ◆ Arts & Crafts
- ◆ Black Hole Slide
- ◆ Creek Stomping
- ◆ Games
- ◆ Hiking
- ◆ Horseback Riding (weather permitting)
- ◆ Low Ropes Course
- ◆ Songs
- ◆ Swimming

Leaders In Training

Ages 12 - 15

Leaders in Training (LIT) is a program for 12 - 15 year olds who are interested in developing their leadership skills. LITs will complete a one week training session during the first week of camp. During this training session, LITs will learn leadership skills, age appropriate scheduling, ways to teach games and songs to others. They will also be certified in First Aid and CPR and will review YMCA Camp rules and procedures. After their successful completion of the LIT training session, graduating LITs will be asked to attend additional summer camp sessions under the LIT placement program.

In the LIT placement program, the teens take on a leadership role under the guidance Camp Staff and implement their newly acquired skills. This program is a great way to strengthen leadership skills and prepare for their first job! **LIT Placements are Internship**

LIT Training - June 14 - 18

Registration **\$170**

10% Discount for Y Members

LIT Placement

(Campers must have completed LIT training in 2009 or in 2010 prior to enrolling for placement..

Limit 5 LIT per week must attend daily. LIT may choose a maximum of two weeks, extra session will be determined by availability.)

Sessions Available:

Session 1: _____ June 21 - 25
Session 2: _____ July 12 - 16
Session 3: _____ July 19 - 23
Session 4: _____ July 26 - 30
Session 5: _____ August 2 - 6
Session 6: _____ August 9 - 13

Horse Camp

Ages 8 - 13

Horse Camp is a one-week progressive program for children 8 - 13 year olds. This is a three hour program that includes an optional fun swim between 12:00 pm and 1:00 pm. Union Park Day Camp offers three levels of horse camp based on experience. New this year, campers have the opportunity to enjoy Day Camp and Horse Camp if they chose. The camper will spend the whole day at camp by taking part in camp activities and their horse lesson.

Requirements for Horse Campers:

- ◆ All horse campers must wear jeans
- ◆ Campers must wear either old tennis shoes or boots
- ◆ All campers should bring a water bottle.

see back page for additional items

Horse Camp

(continued)

BEGINNER (B)

The beginner level is for children with little or no riding experience. In the beginner level, campers are taught grooming and riding skills in the arena. Beginner will also be taught basic horse anatomy and saddle parts. This level is crucial to the progression of horse camp.

Sessions Available:

Session 1: _____ June 21 - 25 _____ 1:00 pm - 4:00 pm
Session 2: _____ July 12 - 16 _____ 9:00 am - 12:00 pm
Session 3: _____ July 19 - 23 _____ 1:00 pm - 4:00 pm

INTERMEDIATE (I)

The intermediate level is for children who have passed the beginner level, have had previous riding lessons and wrangler approval. Campers will be responsible for saddling and grooming their own horse, ring-riding skills will be reviewed and trail-riding skills (weather permitting) will be learned. Children signing up for this level must be comfortable on and around horses.

Sessions Available:

Session 4: _____ July 26 - 30 _____ 9:00 am - 12:00 pm
Session 5: _____ August 2 - 6 _____ 1:00 pm - 4:00 pm

ADVANCED (A)

Campers signing up for this level must have passed the intermediate level, or have wrangler approval. In the advanced level, participants will be responsible for all aspects of caring for their horse including rounding up, feeding, grooming and saddling. Students will spend time on advanced riding skills, trail riding (weather permitting), and program related games.

Sessions Available:

Session 6: _____ August 9 - 13 _____ 9:00 am - 12:00 pm

Fees for Horse Camp

Registration **\$150**

10% Discount for Y Members

Fees for Horse Camp plus Traditional Day Camp

Campers will experience their Horse Camp session and half-a-day of Traditional Day Camp.

Registration **\$170**

10% Discount for Y Members

Note: Transportation to and from the Dubuque Community Y is not available for horse camp.